

Italian Desserts



Tiramisu 8.00

A delicious layer of both tiramisu gelato and coffee liqueured sponge, topped with zabaglione gelato with a sprinkling of vanilla almonds.



Cassata 8.00

Layers of mouth watering nougat, chocolate and hazelnut gelato with candied fruit and a centre of liqueured sponge.



Tartufo 8.00

A delightful harmony of chocolate gelato and almonds covered in dark chocolate and topped off with a cherry.



Apple Dessert 8.00

Hazelnut and 'zuppa inglese' gelato with a centre of cherries and liqueured sponge, engulfed by a layer of white chocolate.



Biscoff 8.00

Enjoy the great taste of our unique biscoff dessert. A masterpiece of smooth biscoff gelato rolled in crushed lotus biscuit.



Gianduiotto 8.00

A centre of hazelnut gelato surrounded by chocolate gelato smothered with a layer of toasted hazelnuts and dark chocolate pieces.



Marroncino 8.00

The perfect frozen After Dinner Mint: Dutch chocolate and mint ice cream are rolled into a truffle shape then sprinkled with choc-mint crisps.



Golden Time 8.00

A centre of premium vanilla ice cream surrounded by toffee icecream and rolled in vanilla crumbs and dark chocolate pieces. You're sure to have a golden time!



Italian Pistachio 8.00

Premium Italian pistachio gelato and a luscious white chocolate gelato centre, rolled in roasted pistachios and encased in a layer of velvety white chocolate.

Chocolate Mousse
with a caramel base **5.00**



Gelati Tubs 500ml 10.00

Chocolate, Strawberry, Lemon, Pistachio, Coffee, Salted Caramel, Bacio, Rainbow or Mango



Drinks



SANPELLEGRINO

1.25ltr Coke Range **6.00**

Coke, Coke-No Sugar, Fanta, Sprite, Passionfruit, Lemon Squash

1.25ltr River Port Range **6.00**

Creamy Soda, Raspberry, Lime, Portello, Sarsparilla

600ml Water **3.00**

375ml Cans Coke, Coke - No Sugar **3.00**

Italian San Pellegrino Range 330ml

Aranciata (Orange)

Aranciata Rossa (Blood Orange)

Pompelmo (Grapefruit)

Chinotto (Citrus Bitter-Sweet Cola)

Clementina (Tangerine)

Melograno & Arancia (Pomegranite & Orange)

Limonata (Lemon)

Sparkling Mineral Water

4.50ea
or
4 CANS FOR 16

CREDIT CARD PAYMENTS OVER THE PHONE WELCOME (1% Surcharge applies)

CASH ONLY ON DELIVERY

DELIVERY CHARGES:

Tyabb - **\$6.00** Somerville & Hastings - **\$7.00**

Bittern, Crib Point, Cerberus, Baxter, Moorooduc, Pearcedale - **\$10.00**

Drivers carry minimum change

Our drivers would appreciate an outside light on, thank you.

*Prices and trading hours are subject to change without notice.

Pizza



SML 9" MED 11" LGE 13" FAM 15"

1 Margherita	13.00	15.00	21.00	26.00
Tomato paste, cheese, tomato paste swirled on top				
2 Neapolitana	14.00	16.00	22.00	27.00
Tomato paste, cheese, anchovies, olives, melted cheese on top				
3 Siciliana	14.00	16.00	22.00	27.00
Tomato paste, cheese, fresh sliced tomato, olives, garlic, melted cheese on top				
4 Capricciosa	15.00	17.00	23.00	30.00
Tomato paste, cheese, ham, mushrooms, olives, melted cheese on top				
5 Aussie	15.00	17.00	23.00	30.00
Tomato paste, cheese, ham, bacon, egg, melted cheese on top				
6 Hawaiian	15.00	17.00	23.00	30.00
Tomato paste, cheese, ham, pineapple, melted cheese on top				
7 Gitana	15.00	17.00	23.00	30.00
Tomato paste, cheese, ham, fresh sliced tomato, onion, melted cheese on top, drizzled with garlic				
8 Vegetarian	15.00	17.00	23.00	30.00
Tomato paste, cheese, mushrooms, capsicum, fresh sliced tomato, onion, melted cheese on top				
9 Bologna	15.00	17.00	23.00	30.00
Tomato paste, cheese, sliced tomato, spiced beef, onion, melted cheese on top				
10 Americana	15.00	17.00	23.00	30.00
Tomato paste, cheese, hot or mild salami , mushrooms, olives, melted cheese on top				
11 Mexicana	15.00	17.00	23.00	30.00
Tomato paste, cheese, hot salami, capsicum, melted cheese on top, sprinkled with crushed chillies				
12 Tyabb Wonder	15.00	17.00	23.00	30.00
Tomato paste, cheese, capsicum, sliced tomato, onion, bacon, melted cheese on top				
13 Chicken Deluxe	16.00	19.00	25.00	32.00
Tomato paste, cheese, roast breast chicken fillet, mushrooms, melted cheese on top				
14 Chicken Sunshine	16.00	19.00	25.00	32.00
Tomato paste, cheese, roast breast chicken fillet, pineapple, melted cheese on top				
15 Chicken Princess	16.00	19.00	25.00	32.00
Tomato paste, cheese, roast breast chicken fillet, mushrooms, pineapple, prawns, melted cheese on top				
16 La Lupa Special	16.00	19.00	25.00	32.00
Tomato paste, cheese, hot or mild salami , mushrooms, capsicum, olives, anchovies, melted cheese				
17 Mickey's Delight	16.00	19.00	25.00	32.00
Tomato paste, cheese, ham, mushrooms, pineapple, prawns, melted cheese on top				
18 Marinara	16.00	19.00	25.00	32.00
Tomato paste, cheese, clams, prawns, olives, anchovies, garlic, melted cheese on top				
19 Satay Chicken	16.00	19.00	25.00	32.00
Tomato paste, cheese, roast breast chicken fillet, melted cheese, topped with satay sauce				
20 The Lot	18.00	22.00	28.00	36.00
Tomato paste, cheese, ham, hot or mild salami , mushrooms, capsicum, fresh tomato, pineapple, prawns, olives, onion, bacon, melted cheese on top				
21 Meat Lovers Special	16.00	19.00	25.00	32.00
Tomato paste, cheese, ham, chicken, hot or mild salami , bacon, spiced beef, melted cheese on top				
22 Supreme	16.00	19.00	25.00	32.00
Tomato paste, cheese, ham, mushrooms, capsicum, prawns, olives, onion, bacon, melted cheese on top				



TAKE-AWAY & DELIVERY

5977 4049

1558 Frankston-Flinders Road
TYABB 3913

lalupa.com.au

Menu Valid from March 2026

OPEN 7 NIGHTS A WEEK

Sunday - Thursday 5pm - 10pm

Friday - Saturday 5pm-11pm

CUSTOMERS PLEASE NOTE

All food is prepared in an environment using shared equipment and may contain traces of nut, gluten, dairy, soy, egg, fish and seafood. **Please consider before ordering as there is no guarantee of allergy free meals.**

Please be Aware: Although we take great care in preparing food, we cannot guarantee all olives will be free from pips, or that seafood items will be free from traces of shells.

THANK YOU FOR YOUR UNDERSTANDING AND WE APOLOGIES FOR ANY INCONVENIENCE

Pizza



SML 9" MED 11" LGE 13" FAM 15"

23 Tropical	16.00	19.00	25.00	32.00
Tomato paste, cheese, ham, pineapple, prawns, bacon, melted cheese on top				
24 Avocado Feast	16.00	19.00	25.00	32.00
Tomato paste, cheese, roast breast chicken fillet, avocado, melted cheese on top				
25 B.B.Q Chicken	16.00	19.00	25.00	32.00
Tomato paste, cheese, roast breast chicken fillet, melted cheese, topped with BBQ sauce				
26 Avocado Obsession	16.00	19.00	25.00	32.00
Tomato paste, cheese, ham, sliced tomato, avocado, melted cheese on top, sprinkled with garlic & chilli				
27 Beef Commotion	16.00	19.00	25.00	32.00
Tomato paste, cheese, hot or mild salami , mushrooms, onion, bacon, spiced beef, melted cheese on top				
28 Caribbean	16.00	19.00	25.00	32.00
Tomato paste, cheese, hot salami, capsicum, pineapple, prawns, onion, bacon, crushed chilli				
29 Old Fashion Pepperoni	16.00	19.00	25.00	32.00
Tomato paste, cheese, plenty of hot salami and melted cheese on top				
30 Godfather	16.00	19.00	25.00	32.00
Tomato paste, cheese, hot salami, capsicum, fresh tomato, onions, olives, melted cheese on top, fresh chopped chilli				

EXTRA TOPPINGS per item 1.00 1.00 2.00 2.00

Garlic Breads

SML 9" MED 11" LGE 13" FAM 15"

Garlic Pizza Bread	mozzarella cheese	10.00	12.00	16.00	20.00
Herb Pizza Bread	mozzarella cheese & sage	10.00	12.00	16.00	20.00
Garlic Pizza Bread	mozzarella cheese & bacon	13.00	15.00	19.00	23.00
Garlic Pizza Bread	mozzarella cheese hot or mild salami	13.00	15.00	19.00	23.00
Garlic Pizza Bread	mozzarella cheese & anchovies	13.00	15.00	19.00	23.00
Garlic Pizza Bread	mozzarella cheese & olives	13.00	15.00	19.00	23.00
Garlic Pizza Bread	mozzarella cheese, fresh sliced tomato & oregano	13.00	15.00	19.00	23.00

Garlic Bread Roll 5.00 10 inch roll

Gluten Free Pizza Bases Available

Medium Size Only

\$6 extra

ON ANY MEDIUM PIZZA YOU CHOOSE



Pasta Sauces



	SML	MED	LGE
Cream Cheese Creamy cheese sauce, spring onions topped with stringy mozzarella cheese	11.00	15.00	24.00
Bolognese Traditional meat sauce	12.00	16.00	26.00
Cream & Mushroom Sautéed mushrooms, cream & spring onions	12.00	16.00	26.00
Napoletana (No meat) Rich tomato sauce with a touch of garlic	11.00	15.00	24.00
Calabrese "HOT & SPICY" Hot salami, capsicum, olives, chilli, garlic with napoli sauce	14.00	18.00	27.00
Matriciana "HOT & SPICY" Lightly fried hot salami, bacon, chilli, garlic with napoli sauce	14.00	18.00	27.00
Cream & Spinach Fresh baby cut spinach, spring onions cooked in a cream sauce	12.00	16.00	26.00
Carbonara Pan tossed mushroom, bacon, cream, spring onions	15.00	19.00	28.00

	SML	MED	LGE
Eggplant Parmigiana Sautéed eggplant, napoli sauce, parmesan cheese melted through	14.00	18.00	27.00
Vegetarian Napoletana Seasonal vegetables tossed in napoli sauce	14.00	18.00	27.00
Vegetarian La Crema Seasonal vegetables tossed in a cream sauce	14.00	18.00	27.00
Cream Pesto Pesto mixture, cream, sundried tomatoes garnished with pine nuts	14.00	18.00	27.00
Provencale Fried bacon, New Zealand mussels tossed with napoli sauce & garlic 3 Mussels 5 Mussels 7 Mussels	14.00	18.00	27.00
Chicken & Mushroom Chicken, mushroom tossed with cream & spring onions	14.00	18.00	27.00
Chicken Cacciatore Chicken, capsicum, olives, bacon, tossed with napoli sauce	14.00	18.00	27.00
Chicken & Corn Sweet corn kernels, chicken with cream & spring onions	14.00	18.00	27.00

	SML	MED	LGE
Chicken & Avocado Sliced avocado, chicken with cream, cracked pepper & spring onions	14.00	18.00	27.00
Chicken Mystique Chicken, avocado, bacon with cracked pepper in a cream sauce	16.00	20.00	29.00
Marinara Napoletana Sautéed shellfish tossed through napoli sauce & garlic	21.00	27.00	37.00
Marinara La Crema Sautéed shellfish & spring onions tossed in a cream sauce	21.00	27.00	37.00
Sinful Marinara "HOT & SPICY" Shellfish tossed in extra virgin olive oil, garlic & chilli	21.00	27.00	37.00
Tuna Temptation Tuna, onions, mushrooms, spring onions & cream sauce	16.00	19.00	29.00
Tuna Royale Tuna, cherry tomatoes, spinach, garlic, spanish onion & cream sauce	16.00	19.00	29.00
Tuna Napoletana Tuna, napoli sauce, spanish onion, olives topped with fresh chilli	15.00	18.00	27.00

	SML	MED	LGE
Spinach Supreme Fried bacon, spinach tossed in a cream garlic sauce	15.00	19.00	28.00
Gourmet Spinach Sundried tomatoes, spinach, cream sauce, garnished with pine nuts	15.00	19.00	28.00
Pumpkin Rosette Pumpkin, spinach, sundried tomatoes, cream, napoli sauce & fetta	15.00	19.00	28.00
Peas & Bacon Fried bacon, spanish onion, peas in a cream & napoli sauce	14.00	18.00	27.00
Pesto Chicken Chicken with cream pesto, bacon, peas & spring onion	16.00	20.00	29.00
Pesto Scallops Pan fried scallops tossed with cream pesto, bacon & spring onion 5 Scallops 7 Scallops 10 Scallops	19.00	23.00	32.00
Garlic Prawns King Prawns, garlic, cream sauce & baby prawns served with rice 3 King Prawns 5 King Prawns 7 King Prawns	21.00	27.00	37.00
Chilli Prawns "HOT & SPICY" King Prawns, Olive oil, cherry tomatoes, fresh chilli, garlic, baby prawns and spanish onion 3 King Prawns 5 King Prawns 7 King Prawns	21.00	27.00	37.00

Homemade Pasta Sauces with your Choice of Pasta

70ml parmesan packs \$2.00



Spaghetti



Fettucini



Penne



Beef Ravioli



Potato Gnocchi



Rice

Lasagna

SML	MED	LGE
12.00	17.00	27.00

Chicken (Breast Fillet)



Chicken Schnitzel Crumbed breast fillet with lemon wedges	23.00	Chicken Tango Crumbed breast fillet, cocktail sauce, ham, avocado & melted cheese	28.00
Chicken Parmigiana Crumbed breast fillet with napoli sauce, ham & melted cheese	28.00	Chicken Montecarlo Crumbed breast fillet, topped with cream, mushroom & cracked pepper sauce	28.00
Chicken BBQ Parmigiana Crumbed breast fillet with BBQ sauce, ham & melted cheese	28.00	Chicken Arrabiata "HOT & SPICY" Crumbed breast fillet, napoli sauce, ham, melted cheese topped with chilli & garlic	28.00
Chicken Honey Mustard Parmigiana Crumbed breast fillet, honey mustard sauce, ham & melted cheese	28.00	Chicken Bolognese Crumbed breast fillet topped with bolognese sauce. Parmesan cheese pack separate	28.00

Beef (Yearling)



Wiener Schnitzel Crumbed beef (yearling) with lemon wedges	23.00	Wiener Tango Crumbed beef (yearling), cocktail sauce, ham, avocado & melted cheese	28.00
Wiener Parmigiana Crumbed beef (yearling) with napoli sauce, ham & melted cheese	28.00	Wiener Montecarlo Crumbed beef (yearling) topped with cream, mushroom & cracked pepper sauce	28.00
Wiener BBQ Parmigiana Crumbed beef (yearling) with BBQ sauce, ham & melted cheese	28.00	Wiener Arrabiata "HOT & SPICY" Crumbed beef (yearling), napoli sauce, ham, melted cheese topped with chilli & garlic	28.00
Wiener Honey Mustard Crumbed beef (yearling) with honey mustard sauce, ham & melted cheese	28.00	Wiener Bolognese Crumbed beef (yearling) topped with bolognese sauce. Parmesan cheese pack separate	28.00

Chicken Satay Parmigiana Crumbed breast fillet with satay sauce, topped with crushed peanuts & cheese	28.00	Chicken Mediterranean Crumbed breast fillet, napoli sauce, hot salami, olives, spanish onion & cheese	28.00	Wiener Satay Parmigiana Crumbed beef (yearling) with satay sauce, topped with crushed peanuts & cheese	28.00	Wiener Mediterranean Crumbed beef (yearling), napoli sauce, hot salami, olives, spanish onion & cheese.	28.00
Chicken Cream of Garlic Crumbed breast fillet topped with cream, garlic & parsley sauce	28.00	Chicken Cream Peppercorn Crumbed breast fillet, topped with cream, peppercorns, mustard seeds & spring onion sauce	28.00	Wiener Cream of Garlic Crumbed beef (yearling) topped with cream, garlic & parsley sauce	28.00	Wiener Cream Peppercorn Crumbed beef (yearling) topped with cream, peppercorns, mustard seeds & spring onion sauce	28.00
Chicken Florentine Crumbed breast topped with cream, spinach & spanish onion sauce	28.00	Chicken Horseradish Cream Crumbed breast fillet topped with cream, crushed horseradish, spring onion & spanish onion	28.00	Wiener Florentine Crumbed beef (yearling) topped with cream, spinach & spanish onion sauce	28.00	Wiener Horseradish Cream Crumbed beef (yearling) topped with cream, crushed horseradish, spring onion & spanish onion	28.00

All meals served with your choice of 1 or 2 items: Chips, Vegetables, Rice or Wedges

Porterhouse Grilled medium to well done	Pork	Lamb	Extra Sauces Available
Porterhouse Steak Porterhouse -approx 350-400gm (plain no sauce)	HALF SERVE With 1 side serve only	HALF SERVE With 1 side serve only	Montecarlo 6.00
Porterhouse Montecarlo Porterhouse -approx 350-400gm with cream, mushroom & cracked pepper sauce	Pork Cutlets 16.00 Two large crumbed pork cutlets	Lamb Cutlets 25.00 Three crumbed lamb cutlets	Florentine
Porterhouse Cream of Garlic Porterhouse -approx 350-400gm with cream, garlic & parsley sauce	FULL SERVE With 2 side serves	FULL SERVE With 2 side serves	Cream of Garlic
Porterhouse Florentine Porterhouse -approx 350-400gm topped with cream, spinach & spanish onion sauce	Pork Cutlets 32.00 Four large crumbed pork cutlets	Lamb Cutlets 50.00 Six crumbed lamb cutlets	Cream of Peppercorn
Porterhouse Cream Peppercorn Porterhouse -approx 350-400gm topped with cream, peppercorns, mustard seeds & spring onion sauce			Horseradish Cream
Porterhouse Horseradish Cream Porterhouse -approx 350-400gm topped with cream, crushed horseradish, spring onion & spanish onion			

Seafood	Salads	SML	MED	LGE	SML	MED	LGE
Calamari	Garden Salad 6.00 7.00 11.00 Salad mix topped with spanish onion, cherry tomatoes, red capsicum, balsamic vinegar & extra virgin olive oil				Tuna Salad 11.00 15.00 N/A Baby cos, cherry tomatos, spanish onion, olives, lemon wedges topped with marinated tinned tuna & red capsicum		
SMALL 8 Calamari Rings served with lemon wedges, salad mix & tartare sauce 12.00	Italian Salad 7.00 8.00 12.00 Baby cos, cucumber, cherry tomatoes, spanish onion, olives, red capsicum, extra virgin olive oil & white wine vinegar				Spinach Salad 8.00 10.00 15.00 Fresh baby spinach, topped with cherry tomatoes, red capsicum, fetta cheese, pine nuts & creamy garlic aioli		
MEDIUM 16 Calamari Rings served with lemon wedges, salad mix & tartare sauce 20.00	Avocado Salad 9.00 11.00 16.00 Avocado sitting on a bed of salad mix topped with cherry tomatoes, red capsicum & a creamy dressing				Caesar Salad N/A 14.00 20.00 Baby cos, caesar dressing topped with crispy bacon, croutons, anchovies, boiled egg with shredded parmesan & honey mustard		
LARGE 24 Calamari Rings served with lemon wedges, salad mix, chips & tartare sauce 32.00	Greek Salad 11.00 15.00 20.00 Baby cos, cucumber, cherry tomatoes, spanish onion, olives, red capsicum, fetta cheese dressed with wine vinegar, extra virgin olive oil & oregano				Egg & Ham Salad N/A 10.00 16.00 Salad mix, onion, cherry tomatoes, red capsicum topped with boiled egg and sliced ham with a creamy caesar dressing		
Prawn Cocktail	SLICED CHICKEN FILLET OPTIONAL TO ALL SALADS				SML add 2.00	MED add 3.00	LGE add 5.00
SMALL Salad mix, baby prawns swirled in a cocktail sauce with 1 shelled King Prawn & a lemon wedge 15.00							
MEDIUM Salad mix, baby prawns swirled in a cocktail sauce with 3 shelled King Prawns & a lemon wedge 22.00							
Crumbed Prawns							
MEDIUM 5 Crumbed King Prawns on a bed of crispy salad mix with lemon wedges & tartare sauce 20.00							
LARGE 7 Crumbed King Prawns served with chips, lemon wedges & tartare sauce 30.00							
Seafood Basket							
4 crumbed King Prawns, 4 crumbed scallops, 4 crumbed New Zealand half shell mussels, 4 crumbed Calamari Rings served with chips, lemon wedges & tartare sauce 35.00							
King Prawn & Avocado Salad							
Salad mix, King Prawns, avocado, red capsicum, creamy garlic aioli & a lemon wedge	SMALL 20.00 3 King Prawns	MEDIUM 25.00 5 King Prawns	LARGE 30.00 7 King Prawns	Sides	Chips	Wedges	SML N/A MED 6.00 LGE 12.00
							Rice SML 5.00 MED 7.00 LGE N/A
							Vegetables SML 9.00 MED 13.00 LGE 20.00

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